



THE PAPER



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80¢
Wednesday, April 8, 2009

Spring is taking its time

After a few false starts, can Spring be here? Compared to the rest of the country, Manitoba seems to be stuck in a time warp - or a weather warp, at least. Temperatures have remained at zero or less for the majority of the past few weeks. The colder temps are a blessing for the flood workers who have been working around the clock to shore up properties along the Red River in and around Winnipeg. Several Pinawa residents have volunteered their time sandbagging, and last week Gary Hanna and Connie Plunkett volunteered their services at the EMO Command Centre for St. Clements.

These deer (and four more of their friends/family) were foraging along the shoreline Tuesday at noon, then decided the photographer might have some fast food. No such luck. A reminder there is a by-law against feeding deer in town.



Photo by Louise Daymond

Local boxers to test their mettle

Eastman Boxing Club are hosting a boxing card in Beausejour on April 11 at 1:30 pm at the Community Hall beside the Sungro Centre, followed by a fundraiser social at 8 pm.

Local boxers Justin Podaima, Calvin Murray and Alex Simard will be on the card, as well as Whitemouth's Kyle and Jessica Gross. Tickets available from any of the boxers or at the door.

The Whiteshell School District reminds everyone that it does not permit motorized vehicles on school grounds.

EMCA season finale: George Fox

Canadian country star George Fox is the last concert in the 2009 Eastern Manitoba Concert Association series. See full article on page 5 for ticket information.



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IS YOUR SUBSCRIPTION DUE?

Thank you for purchasing **The Paper**

For the Love of Our Pets

by Linda Huisman

Through most of my life our family has included pets of one size or another, the dominant one being dogs. As far back as I can remember, my Dad always had a dog - usually a mixed breed of some sort, but mostly shepherd, and always picked up from the pound or Humane Society. Each dog was a female, and each one was named Cindy. My sister and I look back through photo albums and wonder if the picture is Cindy #2 or #3??

One of the saddest phone calls I got from my Dad was him telling me that Cindy had found Moms big bag of chocolate chips for Christmas baking, eaten the whole works and died shortly thereafter. "I need to find another dog" he said. So off we went and found who would be his last "Cindy". All of his dogs were deeply loved and a huge part of his life, especially after my Mom passed away.

Once married, my husband and I continued to have dogs in our homes. Our first dog together was a kind & beautiful black, male shepherd. He went

blind while only 3 years old and although he could find his way around the house just fine, outside activities caused him much confusion. We went on to have several more shepherds, including two lovely females and our huge male shepherd whose favorite past time was chewing orange hockey balls or licking our girls faces. At 100 pounds, no one ever bothered the kids in the backyard!

When we moved up north to the Arctic, our female shepherd at the time was already 11 years old, and we figured the upheaval of such a move would be too great for an older dog.

So during our several years living along the coast of Hudson's Bay in Nunavut, we switched to smaller pets like hamsters. They didn't take much space, ate a lot less food, but were often hard to find? The hamsters were great escape artists. Hamsters don't live very long so when one of the kids howled because their pet had passed away, we would carefully place it in a

Continued on page 6

Condolences

Sympathies are extended to the family and extended family of Martin Bailey of Pinawa, who passed away after a courageous battle with cancer on Sunday, April 5, 2009 at the Pinawa Hospital. He is survived in Pinawa by his wife Linda.

For the past several years, Martin has been the Greens Superintendent at the Pinawa Golf Course. Martin's work ethic was amazing, even when he became ill; up until most recently he was talking of his plans for special projects at the course. His humour and bear hugs will be missed.

Arrangements were still being made at press time. Please check the Winnipeg Free Press and our online edition for details.

Jam Can 2009

by Shawn Wilkinson

On Monday, March 30th 95 enthusiastic children and youth participated in the annual Jam Can Curling event at the Orville Acres Arena! Teams took to the ice at 9:00 am, with final games ending at 5:45 pm. While it was a test of stamina for all who participated, the day was filled with sportsmanship, community energy and fun. An immense thanks goes out to all the parents, grandparents and youth who helped out on the ice, and to the generous Pinawa businesses, whose contributions made running the tournament possible. A special thanks to Todd Meek for doing such a great job in preparing the ice, and to the Newstand Canteen crew for keeping us well fed throughout the day.

The 2009 Jam Can Curling gold and silver medals were awarded to the following teams from each age category. Congratulations to all players for a job well done!

K-Grade 3 Category

Gold -Dynamite Devils

Alex Hilliard
Aidan Ticknor
Kolton Fitzmaurice
Graham Rasmussen

Silver Medal

Scott Lamb
Tristan Spence
Atticus Miller
Raymond Miller

Grade 4+ Category

Gold Medal

Jessica Adams
Braden Harding
Reede Hawton
Cole Henschell

Silver Medal - Fantastic Four

Tyler Flood
Jordan Daymond
Steve Simpson
Brett Hessian

On behalf of the Winnipeg River Recreation District and all the Jam Can kids, I would like to thank all the sponsors, volunteers, referees, and family members that made this day possible.

Sponsors

| | |
|--------------------------|----------------------------------|
| Orville Acres Arena | Newstand Canteen |
| LGD of Pinawa | AECL |
| PCDC | BookBreak |
| Manitoba Hydro | Co-op |
| RRR Realty | Solo Market |
| Granite Internet Service | Sunova Credit Union |
| | Pinawa Volunteer Fire Brigade |
| | Whiteshell Teacher's Association |

Referees / Organizers

| | | |
|------------------|-----------------|-----------------|
| Kristal Mager | Corrine Bychuk | Jessie Nelson |
| Elisha Wilkinson | Avery Stam | Tessa Trueman |
| Rhonda Henschell | Derrick Nykoluk | Brendan Nykoluk |
| Tyson Daymond | James Elliot | Angelique |
| Sharalyn Reitlo | | |

With another year of Jam Can behind us, I look forward to what lies ahead. See everyone next year!



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Pinawa and Age-Friendly Communities in Manitoba

by Marsha Sheppard

The Seniors and Healthy Aging Secretariat has chosen Pinawa as one of its Pilot communities for the Age-Friendly Communities in Manitoba Initiative. As a member of the Pinawa Committee, I would like to tell you a little more about how we are involved and some of the events that have taken place as well as the challenges ahead.

Age-Friendly means making day to day things easier for all ages, not just Seniors – think about it, if you don't have the strength to open the Post office door, then neither does a child. Sometimes it's not strength but just the angle the force needs to be applied. Issues like font size in printed materials such as our phone books has been raised, and we'll see how MTS will respond.

The University of Manitoba's Centre on Aging and the Secretariat came to Pinawa in November and carried out a survey with an invited focus group to give us some ideas of how we could make Pinawa more age-friendly. Here are the results of questions that were asked about housing, transportation, infrastructure, safety, social participation and recreation, work force participation, information/advocacy, respect and social inclusion and health and community services.

Results of our First Pinawa

Age-Friendly Questionnaire

Score of >70% - what we do well

- Seniors feel safe walking alone, day or night
- Seniors are generally treated with respect
- Seniors have enough volunteer opportunities
- Local parks and walking trails are accessible to seniors
- Information about community events, services and programs by various organizations is readily accessible

➤ Snow clearing is done in a timely manner

Score of < 20% - what we could improve

- Health care services not provided in Pinawa are not convenient to access – i.e. services too far away, appointment times not convenient
- Housing for seniors is not plentiful or affordable
- Subsidized housing for low-income seniors is not sufficient
- Waiting times to get into

senior housing, such as assisted living, are not reasonable and not available in Pinawa

➤ Public transportation to and from medical appointments is not sufficient

➤ Public transportation to and from medical appointments for those individuals with disabilities is not sufficient

➤ Public transportation to shopping, senior centres, church, cultural events is not available

➤ There are not enough seniors' advocacy services available

➤ There are not enough paid job opportunities for seniors

➤ There is no congregate meal program or Meals on Wheels program available

➤ Public telephone answering services are not adapted to the needs of seniors – i.e. instructions are not given slowly or clearly enough

Don't know >30% - the focus group wasn't certain of these

➤ Whether planning processes specifically consider needs of seniors

➤ Whether the home care services for seniors are sufficient

➤ Whether services that help seniors (lawn care, garbage help,

snow clearing, etc.) are sufficient

Priorities areas were then identified by the participants as:

- Building accessibility
- Recreation/social activities
- Civic participation/social inclusion
- Sidewalks
- Transportation
- Building maintenance, and
- Housing

Grants are available to fix some of the infrastructure issues, such as heavy access doors, sidewalks, and modification of curbs for strollers and scooters. Other things require programs to be set up, such as congregate meals, grocery and pharmacy delivery and Meals on Wheels.

Having said that, I want you to know that we have a very dedicated Age-Friendly Committee set up to initiate some improvements in Pinawa. The Chair is Clay McMurren and the members are Marsha Sheppard, Lloyd Rattai, Alf Wikjord and Bill Early. The Committee has the full support of Council and already several things have been put on the Public Works list of "to dos" for the coming summer. In addition, the

Continued next page

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SADI'S BOOK CORNER

submitted by Holly Parcey

Survivor's Hope Crisis Centre's resource library is made available to the public through the provincial inter-library loan system. For a complete list of SADI books go to www.pinawapublicli-

www.pinawapublicli-brary.com In the "search" box type SADI and click on the yellow "Call No" button. Call your librarian and they will arrange to bring the book to your local library.

After Silence by Nancy Venable Raine

"The words *shut up* are the most terrible words I know..." In 1985 Ms. Raine was brutally attacked in her home, locked in battle with her assailant until he tired of her. Her assailant's constant command to "shut up" was reinforced by society's expectation that she internalize the experience

and remain silent. For ten years Ms. Raine struggled to break free from the command and find her voice. Her incredibly descriptive journey is a heart-breaking read. Ms. Raine shares the silence born of shame and blame, misunderstanding and cruelty. *After Silence* is testimony to the strength, perseverance and support required to finally speak up.

Age-friendly,

cont'd from pg 3

Pinawa Chamber of Commerce will be working with businesses to help make them more accessible and age-friendly.

Stay tuned for more age-friendly initiatives and speak to one of the Committee if you have some suggestions as to what could make Pinawa more Age-Friendly.

www.thepinawapaper.com

Please change your bookmarks



sunova board of directors election

The Sunova Board of Directors represents the membership of the credit union. Their experience and dedication to the organization is evident at each board meeting as they work together to provide guidance by approving policies and monitoring organizational results.

Seven candidates have put their names forward as nominees for three vacancies on the Sunova Board of Directors.

Rob Cox - Board experience includes: Sunova Credit Union, Manitoba Electrical League, Selkirk & District Community Foundation, Cloverdale United Church

Business experience includes: Manager, Manitoba Hydro; Treasurer, Cloverdale United Church

Greg Crognali - Board experience includes: Winnipeg Real Estate Board, Winnipeg Real Estate News, Manitoba / Northwest Ontario Broker Council for Century 21

Business experience includes: Owner, Century 21 Country Realty; Owner, Yogopogo Dairy Products Ltd; Owner, Sun Country Homes Ltd

Huguette Dandeneau - Board experience includes: Sunova Credit Union, Black Bear Co-op

Business experience includes: Senior Management, Rockwood Motor Inn; Owner / Manager, Fry-Days Restaurant and Lounge; Joint-Venture Business Partner; Self-Employed, Norwex Consultant; Bookkeeper, Granite Hills Golf Course

Nicole Forsyth - Board experience includes: Lac du Bonnet and District Chamber of Commerce

Business experience includes: Co-owner, La Verendrye Trading Company Ltd; Administrative Analyst, St Boniface General Hospital; Accounting Clerk, Clarkson Gordon CA Firm

Lesli Malegus - Board experience includes: Sunova Credit Union, SNRC (Neighborhoods Alive), Selkirk and District Chamber of Commerce, Knox Presbyterian Church

Business experience includes: Co-owner, Marlin Travel; Store Administrator, Shoppers Drug Mart; Assistant to Chief Financial Officer, Richardson Terminals Ltd

James Skrabek - Board experience includes: Teulon-Rockwood Arena

Business experience includes: Self-Employed, Farming

Don Steiner - Board experience includes: Sunova Credit Union, Whitemouth Community Club

Business experience includes: Manager / Operator, Dairy and Beef Farm; Operator, Trucking Business; Reeve / Councillor, RM of Whitemouth

Personal statements from each candidate will be available in all Sunova branches during the election to assist members with their voting decision.

Election Dates: Monday, April 6 – Friday, April 17

Location: All Sunova branches

All Sunova members are eligible to vote. Please stop by your local branch and help decide your representatives on the Sunova Board of Directors.

The election results will be announced at the Sunova Annual Meeting on Thursday, April 23 at the Selkirk Banquet and Conference Centre. **We hope to see you there!**

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George Fox returns to EMCA

submitted by Marian Delaney

On Friday April 17th the Eastern Manitoba Concert Association welcomes back Canada's country music ambassador, George Fox. George's last appearance on the EMCA stage was in 1999. This talented singer/song writer is an audience favourite with his easy, natural, country style. Be prepared for some up-tempo numbers, too, as George is bringing a four-man band.

George Fox was raised on a cattle ranch near Cochrane, Alberta where he lived, breathed and worked the farm. In his early years he was not all that interested in country music. In 1981 something happened that would change the course of his life. He travelled to Sweden on a farm exchange program and the host family asked him to bring some country music albums. Fox began

listening to them and was hooked. Upon his return to Alberta George decided to devote another five years to ranching. However he was soon writing songs and performing on weekends. He walked into a recording studio and with his life savings produced cassettes *The Trail of the Fox* and *Fresh Tracks*. These recordings were sold at local shows and his music eventually caught the attention of a Warner Music executive. He was invited to Toronto and in 1988 his first album, *George Fox* was released. On this recording were the hits *Angelina* and *Goldmine* - his own songs. His career was launched!

The following year was even better when three of Fox's singles hit the Canadian Top 20. On his second album, 1990's *With All*

My Might, Fox wrote all but one of the songs, and before the year ended, the album had gone gold in Canada. George recorded his next album *Spice of Life* in Nashville. In subsequent years such singles as *No Trespassing*, *Mustang Heart*, *I Give You My Word*, *What's Holding Me* and *Breakfast Alone* would hit the Top 10 list and become signature songs. George's album count now stands at eleven.

In the early years of his career, George opened for such country greats as Randy Travis, Dolly Parton, George Strait and Willie Nelson. It wasn't long before he was heading his own sold out shows. In 1990 he starred in his own TV special for the CBC and throughout the decade starred in three other specials. He was also a guest on several shows including "Anne Murray's Family Christmas". Fox's music has taken him to Switzerland, Spain, Brazil and Germany where he entertained Canadian troops.

George's music and his ability to weave a story and engage the listener have earned him legions of fans. He has won three Juno and Canadian Country Music Awards for Country Male Vocalist of the Year and has been honoured with many RPM Big Country Awards. There is now a street named after him. In 1995 George Fox Trail was unveiled as a new street in Cochrane, Alberta.

Memories of growing up in rural Canada, his love of the land and his respect for the working man have taken George in a new direction. He has written a book of short stories about ranching life titled "My First Cow". It contains what have been affectionately known as "Georg - isms" to his fans.

Join us at the Pinawa Community Centre, 20 Vanier Avenue on Friday, April 17th at 8 p.m. For ticket information and to reserve your tickets contact Cathy at 753-2767.

For more information about EMCA's season line-up and EMCA information visit the EMCA website <http://www.emcaconcerts.com>

Pinawa Ladies Golf
Annual Spring Meeting
 Wednesday, April 22 @ 7pm

Pre-meeting Dinner at 5:30
 Please call the Club to add your name to the list.
 {Dinner is on you}

Greg & Kim Love
 would like to announce
 we are pleased and very eager to continue
 your lawn care needs and services as the
Pinawa Lawn Doctor.



*We look forward to your continued support.
 Thank you.*

MANITOBA MODEL FOREST INC. COMMUNITY OPPORTUNITIES & EDUCATION PROGRAM FUND



The Manitoba Model Forest supported by the Canadian Forest Service has established a fund to support local Model Forest area communities and organizations with projects that will improve local environment or socio-economic conditions, and/or promotes educational initiatives directed toward increasing awareness of the MBMF locally and provincially.

Preference will be given to projects involving youth. A limited number of funding grants of up to \$7,000 will be awarded this spring.

Background information, eligibility criteria, and application forms are available from the Manitoba Model Forest.

Contact Bev Dubé at
 tel 367-5232, fax 367-8897,
 e-mail bdube@mts.net
 or
 drop into our office in Pine Falls Monday to Friday during working hours.

The deadline for applications is April 30, 2009 @ 12:00 Noon

For the love of our pets,

continued from page 2

tissue lined box and place it in the freezer. "We'll bury them later, in the Springtime", we would say. But somehow over the years the small boxes in the freezer got forgotten until it was time to move back to Manitoba. So on a bright sun shiny day in June, way out on the Arctic tundra, all those precious little boxes were buried and thanks given for the pleasure those tiny creatures brought to our family.

From rabbits to rats, hamsters to ferrets, cats to dogs, some form of critter has remained a part of our lives. Our pets never seemed to ask much of us but those basic necessities: food & water, a cozy place to sleep (usually someone's bed), and a cuddle or pet now and again. As we have now lots of room we are back to having a lovely female shepherd as part of the family. At 75 pounds she can

still manage to roll her beautiful eyes and look like she's starving and give a shake of her paw to beg for more biscuits.

The tough part about being a pet owner is knowing their time with you is limited. Whether you have them one year or ten, they become a huge part of your family and their lives become completely entwined with your own. For anyone who has lost a pet, you know how tough it can be. You keep expecting to hear them clicking across the floor, barking at the deer, or sleeping happily in the sunshine out back. So remember how special they are, and all the love they have freely given you and keep those warm thoughts close to your heart.

*In memory of "Blizzy", by
Linda Huisman.*



WHITESHELL SKI CLUB

SPRING GENERAL MEETING

Tuesday, April 24 at 7:00 pm
Pinawa Lutheran Church

Refreshments & Plans for 2010!



Lac du Bonnet Legion

by Norm Rimmer

Branch #164 has been very busy so far this year. We are hosting a Jam Session on the first Saturday of each month and they are going over very well. On April 18 & 19 we will be hosting the Provincial Command Dart Championships. As usual at these affairs there is a banquet, so if you are interested in attending the supper please get your tickets at the bar. We will be serving roast beef dinner and music by Lloyd Bialek band. We will be drawing for our Cash Raffle that weekend. Our branch sent curlers to the Provincial Command Curling Championships at Swan River; unfortunately they did not win any prizes.

You will notice that the hall lighting is much brighter now as we just changed to more efficient lights and will be changing the Lounge over very shortly. All the florescent lights in the branch will be changed over.

We now have a Perfect Fry and can provide lunches as well as food throughout the day.

This year our Memorial Day Service & Parade will be held on the first Sunday of June instead of the usual second Sunday. This change was brought about due to Provincial Command moving the Convention up a week to start on the second Sunday of June. Mark June 7, 2009 on your calendar

for the Memorial Day Service & Parade. Due to the change the Winnipeg Police Pipe Band will not be able to attend, however, Army, Navy & Air Force #283 will be providing the music for the Parade & Service.

If any of you are interested in either Cribbage and/or Darts; Cribbage is being held on Wednesday night as usual and the 4th & 5th Tuesday of each month. Darts are on Thursday night and also Wednesday night. Please come and enjoy yourself, everybody has a good time.

The following is a calendar of events for the year 2009:

May 9 Mothers' Day dinner & dance, Standing Rib Roast, music by Lloyd Bialek; June 20 Perogy & Sausage dinner & dance, music by Jessie James; July 18 Hawaiian Pig Roast dinner & dance, music by Jessie James; Aug for Folk-A-Rama arranging a bus to Winnipeg and take in two or three shows, will advise further details closer to the time; Sept 19 Fall Supper; Sept 26 Farewell to Summer Fish Fry dinner & dance; Oct 31 Mystery Dinner, Halloween dance, music by Jessie James; Nov 11 Remembrance Day Service & Veterans' Dinner; Dec 31 New Year Eve Dance with light lunch, music by Jessie James; Jan 1, 2010 New Years Day Levee.

Lac du Bonnet Legion Branch #164 LEGION WEEKLY ACTIVITIES

<http://legion.lacdubonnet.info>

| | |
|----------------------------------|----------------------------------|
| MONDAY - | THURSDAY - Darts 7.00pm |
| Table Top Curling 6.30pm | FRIDAY - Bridge 1.00pm |
| Bingo in Hall 7.00pm | Bingo in Lounge 7.00pm |
| TUESDAY - Po Ke No 2.30pm | SATURDAY Meat Draw 2.30pm |
| WEDNESDAY - Pool 1.00pm | 1st Saturday of each month: |
| Cribbage 7.00pm | Jam Session |

Friday - Hard Card Bingo in Lounge 7:00 pm

Open Monday - Saturday 10am - 10pm

Happy Hour Every Day

*All Members &
Guests Welcome*

Bridge Bites

from The American Contract Bridge League
by **Brian Gunnell**

“An Old Ruse”

Here’s a neat deception, but, alas, it won’t work against modern signaling methods.

♠ 54
 ♥ 7542
 ♦ AQJT
 ♣ Q93
 North
 ♠ KT86
 ♥ KT86
 ♦ 542
 ♣ K4
 West
 ♠ AQ7
 ♥ Q9
 ♦ K83
 ♣ AJT72
 South
 ♠ J932
 ♥ AJ3
 ♦ 976
 ♣ 865
 East

None Vulnerable

| | | | |
|-------|------|-------|------|
| South | West | North | East |
| 1NT | Pass | 2♠ | Pass |
| 2♦ | Pass | 3NT | Pass |
| Pass | Pass | | |

Against 3NT West leads his 4th-best Spade. East’s Jack is taken by Declarer’s Queen, then a Diamond is led to Dummy to take the losing Club finesse. At this point West can count nine or ten tricks for Declarer, via two Spades, four Diamonds and three or four Clubs. West’s only hope for defeating 3NT is that the defense can cash 4 Hearts. Bingo! He shifts to a low Heart and it’s down one.

Take Two! West leads a low Spade, as before, but this time Declarer wins East’s Jack with the Ace! Yes, really! Declarer doesn’t need a second Spade trick, but he does want to avoid a Heart shift and that extravagance in the Spade suit is just the way to do it. Later, when West wins his ♣K, he’s likely to be duped into assuming that East has the ♠Q and

will lead another low Spade. The result? 10 tricks!

The Antidote! Twenty or 30 years ago, this sneaky ruse worked every time, but nowadays there is a defensive antidote. It involves East telling partner whether or not he likes that opening Spade lead. When Declarer leads a Diamond at Trick 2, East can signal with the Nine (high means “I like your opening lead”), or with the Six (low means “I don’t”). On the actual deal, East plays the discouraging Six, alerting West to Declarer’s shenanigans. That signal is called a Smith Echo and is a common agreement among tournament players. For more on this, please Google “smith echo for dummies”. No offense, dear readers, it’s merely a search which takes you to a most helpful article.

DUPLICATE BRIDGE RESULTS

| | |
|------------------------------------|------------------------------------|
| Mon. March 30 Pairs | Wed. Apr. 1 Individual |
| 1 Leon Clegg / Chris Saunders | 1 Zona Dmytriw 2 Alex Ross |
| 2 Mike Rutherford / Edith Olson | 3 Marg Stokes 4 Walter Cochrane |
| 3 Agnes Swanson / Lorne Swanson | 5 Glenna Zetarak 6 Doug Bellamy |

Duplicate Bridge at the Pinawa Club September to May

Pairs bridge Mondays @ 6:30 p.m.
Individual bridge Wednesdays @ 9:00 a.m.
Visitors Welcome

For more info. or to find a Monday evening partner:
Janet Dugle, Bridge Club Director, 753-2531

Birthdays and Anniversaries

| | | |
|---------------------|-----------------------|-------------------------|
| Apr 8 Tyler George | Apr 10 Cody McCaughan | Apr 12 Troy Oxenforth |
| Apr 8 Philip Clarke | Apr 11 Eve McDonald | Apr 12 Justin Otto |
| Apr 9 David Murray | Apr 11 Catherine Reid | Apr 14 Tom Barnsdale |
| Apr 9 David Miller | Apr 11 Ryan Brudy | Apr 14 Bob Brown |
| Apr 10 Cyril Clarke | Apr 12 Chris McArthur | Apr 14 Tara Fitzmaurice |

April 14 ... Faye & Ken Kasprick anniversary



PCF
Easter Worship

April 9 - Maundy Thursday
- Agape Meal 5-7 pm at the FW Gilbert School
- Soup and Buns will be provided, bring your cup, bowl and spoon

April 10 - Good Friday
- 10 am shared worship with Pinawa Lutheran Church in the FW Gilbert School

April 11 - Easter Vigil
- 7 pm worship at St. John’s Anglican Church in Lac du Bonnet
- Bishop Ashdown presiding, Rob Murray preaching.

April 12 - Easter Sunday
- 8 am worship at the suspension bridge
- 10 am Holy communion at FW Gilbert School

The Pinawa Christian Fellowship
is a shared ministry of

the Anglican Church of Canada,
Mennonite Church Manitoba,
the Presbyterian Church in Canada,
and the United Church of Canada.

Our church office is in the Whiteshell Centre,
across from the Marina in Pinawa.
Contact: the Rev. Robert Murray
204-753-8439 pcf@granite.mb.ca
online calendar: pinawacf.blogspot.com



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Mon-Fri 6:30-9:00; Sun 1-3pm
www.pinawapubliclibrary.com

| VOLUNTEERS FOR THE WEEK OF Apr 8-15, 2009 | | |
|---|--------------------|------------------------|
| Wed. Apr. 8 | Thecla Melnick | Bob Jones, Hans Miller |
| Thurs. Apr. 9 | Agnes Swanson | Lyn Grant |
| Fri. Apr. 10 | LIBRARY CLOSED | LIBRARY CLOSED |
| Mon. Apr. 13 | LIBRARY CLOSED | Carol Findlay |
| Tues. Apr. 14 | Evelyn Vandergraaf | Shirley Boyle |
| Wed. Apr. 15 | Bette Duclos | Carol Findlay |

BATS IN YOUR BACKYARD
Wed. April 15, 7 p.m.
with Morgan Hallett
Want to learn about an environmentally friendly way you can decrease the number of mosquitoes this summer? Be in the Library next Wed. April 15 for Morgan Hallett's presentation on bats. Morgan Hallett is the Senior Park Interpreter, North Whiteshell. Her program will be an introduction to the bats that live in Eastern Manitoba including their descriptions, and their adaptations and challenges for survival.
On hand that evening we will have some sample bat houses assembled by Bruce Goodwin. One of these bat houses will be given away to someone attending the presentation. Library Board members are busy preparing bat

house kits which will be for sale at the presentation and by order. The houses are approx. 2' x 2' and will happily hold 40 or so bats. Please join us for a fun and informative evening and enjoy a cup of bat juice!?! – or coffee or tea if you prefer, everyone welcome.

- NEW AUDIOBOOKS ON CD**
Judge & Jury by James Paterson
The Passion of Artemisia by Susan Vreeland
- NEW CRIME**
Executive Privilege by Philip Margolin
The Dante Trap by Arnaud Delalande
Head Wounds by Chris Knopf
Wild Fire by Nelson DeMille
Crucified by Michael Slade
- NEW NON-FICTION**

- Incredible Urban Legends: Stranger Than Fiction Modern Tales*
Dave Barry's History of the Millennium (So Far)
One Hell of a Ride: How Craig Dobbin Built the World's Largest Helicopter Company by John Lawrence Reynolds, story of Nfld.'s CHC Helicopter Corp.
Eat This, Not That, For Kids by David Zinczenko
Aviation in Canada: The Pioneer Decades by Larry Milberry
To Timbuktu for a Haircut: A Journey Through West Africa by Rick Antonson
Noah's Last Canoe: The Lost Art of Cree Birch Bark Canoe Building by Doug Evans

- Murder by Family: The Incredible True Story of a Son's Treachery and a Father's Forgiveness* by Kent Whitaker
- NEW FICTION**
Handle With Care by Jodi Picoult
A Mercy by Toni Morrison
The Amateur Marriage by Anne Tyler
The Various Flavors of Coffee by Anthony Capella
The Woman in the Fifth by Douglas Kennedy
- LIBRARY CLOSED AT EASTER** – The Library is closed Good Friday Apr. 10 and Easter Sunday Apr. 12, open Monday evening April 13.

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Brain Teasers Solutions

What do the following words have in common?
HOUSE SHANK WOOD FLY HORN
Each may be preceded by GREEN to form a new word.

What do the following numbers have in common?
3 7 10 11 12
The only vowel they contain, when written out, is E

Rearrange the following letters to give the name of a famous singer.
WESTERN VIDEO = STEVIE WONDER

Peter picked one pepper more than Paul. Pat picked one pepper more than Pam. Peter and Paul picked 10 more peppers than Pat and Pam. Peter, Paul, Pat and Pam picked 60 peppers. How many peppers did Peter pick?
18 PEPPERS

Derek and I are touched by the many caring people who have made our lives so much easier as I recover from knee surgery. The kindness shown to us by the Grace Hospital and staff. The many, many Pinawa friends and all their goodies. The Pinawa Hospital, doctors, all staff members. The Physiotherapy Department. The P.C.F. Not forgetting our special "driver" who many many trips to Winnipeg on our behalf.

We thank you all for your kindness. We are truly grateful. We certainly would never have managed without your care.

After a few hiccups I am beginning to make progress.

Sincerely,
Derek & Thelma Boase

What Every Good Fishing Guide Knows!

Part 3: Feeding Habits of Fish



by *Peter Pike*
from the essays of local guide *Stan Sysdek*

Fish do not feed often, they are inactive 80% of the time. Most fish take up to 12 hours to digest their last meal. They will generally not feed at this time. Inactive fish are not looking for food, however fish will feed at any time if prey is made easily available. During the period when fish are inactive is not the time to be casting and quickly retrieving your lure. Put on a jig drop it down and leave it there. Slow your presentation down to a crawl and be patient. Match the lure to their preferred prey. Change the lure size, shape or colour till you find your match. Move to another spot.

Hungry fish will bite readily and then their feeding activity will begin to decline. Don't move on. Try a slower presentation with a smaller lure or bait. This will be their dessert. Fish will remain close to the same feeding area for a long time and will keep on coming back. The distance for average prey distance in bait or lure presentation to produce a bite varies from 25 cm for rainbow trout to just 8 cm for musky. It

is very important to work an area methodically with your lure in a set fan-cast way. Stop your retrieve once in a while you will get strikes as the lure sinks. Lures that do not resemble typical bait catch fish because of their strangeness. Predators prefer victims that are disabled, isolated or look different. Larger fish prefer larger prey up to one third their size.

Time of day is an important feeding factor. Generally mid-day is the least productive time as predator fish are resting on or near the bottom. Twilight is a great time for catching fish because the bait fish are easier to see because they are silhouetted against the lighter sky. It's a great time to use a dark coloured floating lure. After sunset there is a 10-15 minute "quiet period" because of the fishes adjustment to the dark. Cater to their other senses, use a buzz-bait, a spinner or scented bait.



Canadian Wiggler

Who says there are no fish in the quiet waters of Pinawa? A 20 pound Northern Pike and a 29 inch Walleye were caught through the ice in the last weeks of March just off the Ironwood Trail. Reminder that you only fish in trout stocked ponds at this time of year.

CRIBBAGE RESULTS

Mar 31 - 1st place John Stefaniuk & Stan Petryk 718
2nd Ron & Vicki Spier 686
3rd Faye Kasprick & Marv Cooper 682
24 hand Ron Spier, Shirley Kaminski, Stan Petryk
28 & 29 hand carried over

Play Crib Tuesday afternoons @ the Club!
Call Ken Kasprick for info 753-2978

IS YOUR SUBSCRIPTION DUE

THE PINAWA CLUB announces its
SPRING MEMBERS MEETING

Wednesday, April 15 2009

at the Pinawa Club

7pm - 8pm - Golf Registration

8pm - Spring Annual Meeting

All Members of the Club

are invited to attend.

By order of the Board of Directors,

Richard Stefansson, President

Jared, Kara and big brother Troy
are thrilled to announce the birth of
the newest member of their family.



Kevin Eric Bissonnette arrived March 11, 2009 at the Moose Jaw Hospital. Our bundle of joy weighed in at 7 pounds 3.1 ounces.

Proud grandparents are Guy and Sharon Bissonnette and Brian and Brenda Morash.

Welcome to the family,
Kevin!!



Easter Blessings

As the season of Resurrection comes, may the Miracle of Easter fill your heart with Joy.

Vic Toews, MP for Provencher
www.victoews.com

Rec Scene

with Shawn Wilkinson, Recreation Director
Winnipeg River Recreation District

Spring Fling

Spring Fling is April 17-18. Come out to this great family event. April 17 at the Community Centre there will be a perogy dinner featuring the Centennial Idols, Lac du Bonnet Karate Club, the Mohuntney Ukrainian Dancers and the first ever So You Think You Can Dance Lac du Bonnet. April 18 we have the Pioneer Club pancake breakfast, at the Community Centre, the Legion lunch and the community treasure hunt. The kid's carnival takes place in the curling rink followed by a magic show with Donny Sanderson. For more information please contact the Rec office.

Spring and Summer Programming Guide

The Programming Guide is out and registration for spring and summer is open. Don't miss out, contact the Rec office today.

Lac du Bonnet Minor Baseball

2009 General Meeting and Registration for ages 4 to 18 will be at the Lac du Bonnet Arena April 7 @ 7:00pm. Play-

ers, coaches and managers are required for all categories. This year the Rally Cap program for players ages 4 to 7 will be introduced to increase interest in baseball at young ages. For information contact Ray or Caroline Brennan 345-6770 or visit the Baseball Manitoba web site www.baseballmanitoba.ca

Kids of Mud

KOM is a learn-to-ride and learn-to-race program for kids 17 and younger. Through the help of certified coaches and volunteers, riders will learn the basics of off-road cycling with an opportunity to challenge their skill and fitness in a fun race series. KOM is having their next AGM on April 16, at 6:30pm at the Alliance Church.

Walk for MS

Make the step that ends Multipal Sclerosis. The Walk for MS takes place in Lac du Bonnet on April 26. Register now at www.mswalks.ca or by calling toll free at 1 800 268-7582. For more information visit the website.



Health Corner

Ask Your Primary Health Care Provider

What is an Adult Day Program?

The Adult Day Program is an opportunity to experience therapeutic recreation, socialization and balanced nutrition in a supportive environment within the North Eastman Region. The goals for Adult Day Programs are:

- Provide socialization
- Address isolation
- Offer nutritional meals
- Make available physical activity
- Address needs of the elderly so that they remain as independent as possible
- Give respite for caregivers
- Prevent or postpone institutionalization

Any adult who would benefit from social or recreational activities within a supportive environment is eligible. They must not have difficulty swallowing and must only require minimal assistance with mobility or activities of daily living. An individual must be referred to the Adult Day Program through a Home Care Case Coordinator. The individual does not need to be receiving Home Care services to attend the Adult Day Program.

Adult Day Programs run one, two or three days per week depending on the location. An individual may attend as long as there is availability in that program and as long as the program is meeting

his or her needs.

Adult Day Programs are subsidized by North Eastman Health Association. The client pays a nominal user fee on a monthly basis at a rate set by Manitoba Health. The current rate is \$7.66 per day, which includes transportation, programming, nutritious meals and snacks.

Transportation is provided in town and in rural areas for all clients, unless other arrangements have been made. The community handi-van or a friendly volunteer will pick you up at your home.

North Eastman Health Association has six program locations:

- Oakbank – Monday, Wednesday and Friday
Adult Day Program Coordinator,
Phone: 444-6127
Home Care Case Coordinator,
Phone: 444-6119
- Beausejour – Monday, Wednesday and Friday
Adult Day Program Coordinator,
Phone: 268-7408 Ext. 7230
Home Care Case Coordinator,
Phone: 268-7474 or 268-7471
- Whitemouth – Tuesday and Thursday
Adult Day Program Coordinator,
Phone: 348-3940
Home Care Case Coordinator,
Phone: 348-4609
- Lac du Bonnet – Tuesday, Wednesday and Friday
Adult Day Program Coordinator,
Phone: 345-1212 ext. 1118

Continued next page

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TUESDAY THURSDAY 9am to 2pm @ Whiteshell Centre (Book Break)

HE IS RISEN! ALLELUIA!

**Easter Services at the
Pinawa Alliance Church**

Good Friday . . . 10:30 a.m.

Easter Sunday . . . 11:00 a.m.

*Please join us in
celebrating
the death and
resurrection of
our Lord.*



Health Corner, cont'd

from previous page

Home Care Case Coordinator, Phone: 345-1217

▪ Pine Falls – Tuesday and Thursday

Adult Day Program Coordinator, Phone: 367-4515

Home Care Case Coordinator, Phone: 367-5403

▪ Victoria Beach – Wednesday Adult Day Program Coordinator, Phone: 367-4515

Home Care Case Coordinator, Phone: 367-5403

Submitted by: *Cindy Reimann, Regional Adult Day Program Supervisor, (204) 268-7447*




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ROMAN CATHOLIC St. Francis of Assisi Parish of Pinawa



SUNDAY MASS 9 a.m. ~ 37 Burrows Rd (Burrows & Vanier)

Priest: *Father Mirek Szynal* Lac du Bonnet, 345-2900
Parish Council Chair: Ben Metselaar 348-3757

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SUNDAYS 11:00 AM Worship Service
Sunday School 9:45 AM
Men's Prayer Meeting Mon. 6:00 AM
Ladies Prayer Meeting Wed. 9:00 AM


Pastor Brad Nelson 753-2927
office@pinawaalliance.com

753-2357 @ Whiteshell Centre

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PINAWA LUTHERAN CHURCH
25 Massey Avenue at Burrows Road 753-2239

Christ is Risen! Alleluia!

EASTER WORSHIP 9:15 am - Potluck brunch following worship



Evangelical Lutheran Church in Canada

For building use contact Ron at 753-8437

Daien Denture Clinic
268-3488



LAC DU BONNET at the District Health Centre

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BUS TRIP

FREE Bus Trip Club Regent April 29. Bus leaves 9 a.m. Phone 345-2664 Roxy. 04-08x2npd

UPCOMING EVENTS

ST. FRANCIS OF ASSISI R.C CHURCH, PINAWA SERVICES
for Holy Thursday (Apr.09) and Good Friday (Apr.10) will be at 5:00 P.M.

50 PLUS LUNCHEON WILL BE HELD ON WEDNESDAY, APRIL 8TH, 2009
at 12:00 noon. Gordon Emberley will be the speaker on the history of Aviation in Manitoba and Lac Du Bonnet.

PINAWA PUBLIC LIBRARY PRESENTS BATS IN YOUR BACKYARD
Wed. April 15, 7 p.m. in the Library with Morgan Hallett, Senior Park Interpreter, North Whiteshell - bat house kits, precut by Bruce Goodwin, for sale at the presentation - enter the draw to win a FREE bat house

THE KIDS OF MUD PARENTS GROUP WILL HOLD THEIR ANNUAL AGM
on Sunday, April 19th at 6:30 p.m. at the Alliance Church. For more information call Frank Walton at 753-2603 or email fwalton@mts.net.

CHILI SUPPER FUNDRAISER FOR AFRICA 2009 - APRIL 22

@ Pinawa Alliance Church 5:00pm to 7pm - All Welcome
Tickets available at the door: Nancy 2903, Martha 2791, Connie 8227

PINAWA HEALTH AUXILIARY PIE SALE

THURSDAY April 23, 2009 - Pinawa Mall, 10:00 am
Donations of baking greatly appreciated
Phone Christine: 753 8303 or Shirley 753 2549

PARTRIDGES IN THE SNOW

by Peter Taylor



Gray Partridges were first introduced to western Canada from Europe as game birds in the early 20th century. Sometimes known as Hungarian Partridges, these handsome birds are smaller than Ruffed Grouse, which are often called “partridge” by hunters. They have thrived in parts of the prairies and are quite common near Winnipeg; out here they are uncommon but can sometimes be found in farmland. These two were part of a family group of six that I spotted recently, foraging in the snow near Lac du Bonnet.

[Editor’s Note: the last line of Peter’s column was accidentally cut off last week. It read - No, this isn’t an April Fool gag – check it out by googling “snow fly” or its scientific name “Chionea valga”.]



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48 Grey Cres. large 4 bdrm 2 storey w/att garage, new windows, hardwood, gorgeous fenced yard and many upgrades \$209,900



43 Cameron Rd. Enjoy style and comfort w/ open design, 3 bdrms, ensuite, custom oak kitchen, full bsmt & Tripane Low E-Argon windows -\$240,000 + gst

For info on these or any Pinawa Properties please call:



Karla Elcock 753-8865 remax@granite.mb.ca

Al Shrupka 204-989-9000 al.remax@shaw.ca

www.pinawahomes.com

